

TTV Amstelveen - Corona rules for training and free play

As of Saturday, June 5, a number of rules have been relaxed by the government.

Changes compared to the previous version of May 19

- The changing rooms are open again.
- The showers can be used again.
- The canteen is open again.

Of course the above is subject to the usual rule of 1.5 meters distance.

- Playing doubles is allowed again! *However, we recommend that you keep as much as possible the 1.5 meter distance while playing.*

Also, the face mask obligation for entering and leaving the club remains in place.

We will continue to play on a maximum of 5 tables and the registration of the time at which you can play will remain unchanged. Despite the fact that the government may allow more people to be in the gym at the same time, we as the board have decided to maintain the current approach for the coming months.

General rules - PLEASE READ THIS MESSAGE CAREFULLY

We can -under specific conditions - play table tennis again.

For the most recent protocols from NOC/NSF and NTTB we would like to refer to the below links for the most detailed information (in Dutch). We have tried to summarize the key points in the below message:

[NTTB Coronadossier](#)

The basic rules for everyone are:

- The following applies to everything: using common sense is paramount
- Do you have any complaints/symptoms? Stay at home and get yourself tested
- Keep a distance of 1.5 meters (also during sports)
- Try to avoid crowds
- Wash your hands often.

IMPORTANT: If within a few days after playing you have complaints and are tested positive for COVID19, please contact the club immediately:

Email: voorzitterttvamstelveen@gmail.com and/or

Mobile number: +31 (0)6 483 042 29

Schedule for play

You have indicated your preferences for playing days and time slots. These play lists have been shared with you.

It is NOT the intention for you to come to the club on other days/times than as indicated on the list. If you do come on other days/times then listed you will NOT be able to play, regardless of whether there is space available or not.

If you want to play on another day/time please contact Brian van den Heuvel via penningmeester@ttvamstelveen.nl. Brian will check if there are any possibilities.

We play on a maximum of 5 tables with a maximum of 10 people at the same time. If there are more people according to the playlist, players will rotate if necessary.

How will we proceed on the play day itself?

Before play

- You come to the club no more than 15 minutes before your timeslot starts.
- You wear your face mask when you enter the club
- You register in the hall by the canteen
- You wash your hands
- Changing clothes can be done in the changing room subject to the 1.5 meter rule.
- You wait in the canteen until it's your turn. *You do NOT wait in the gym or in the changing room*
- Make sure you don't get in the way of the group that just finished playing
- You don't enter the gym until the previous group has left.

During play

- You get 1 ball per table
- It is possible to change opponent a few times during the playing hour
- Doubles are allowed if players want to.
- There will be no change of side when playing against an opponent
- In case of 'let ball', the ball is kicked back when possible with the foot in the direction of the table concerned or players get it themselves
- After playing you clean and dry the table. We therefore stop 5 minutes before the whole hour.
- You put the ball in a special tray when you have finished.

After playing

- You can change your clothes in the changing room subject to the 1.5-metre rule.
- Showers can be used subject to the 1.5 meter rule
- Wash your hands before you go home
- You wear your facemask when you leave the club.

Bar/Canteen

- The canteen is open!
- In the canteen you also have the opportunity to wash your hands
- In the canteen the 1.5 meter rule applies
- You take a seat at a table not at the bar.
- It is not allowed to move tables and chairs.
- Only a few people are allowed to serve snacks and drinks from behind the bar.

Stick to all the rules!

If there are members who do not comply to the rules and we are checked by the municipality, the fine is at your own expense. TTV Amstelveen cannot be held liable.

The Board